FOR PUBLICATION

UNITED STATES COURT OF APPEALS FOR THE NINTH CIRCUIT

LELAND F. DOCKEN,

Petitioner-Appellant,

V

Doug Chase,

Respondent-Appellee.

No. 03-35187 D.C. No. CV-02-00018-LBE OPINION

Appeal from the United States District Court for the District of Montana Leif B. Erickson, Magistrate, Presiding

Argued and Submitted July 14, 2004—Seattle, Washington

Filed December 29, 2004

Before: Betty B. Fletcher, Clyde H. Hamilton,* and Marsha S. Berzon, Circuit Judges.

Opinion by Judge Berzon

^{*}The Honorable Clyde H. Hamilton, Senior United States Circuit Judge for the Fourth Circuit, sitting by designation.

COUNSEL

Wendy Holton, Helena, Montana, for the petitioner-appellant.

No appearance was made by the respondent-appellee.

OPINION

BERZON, Circuit Judge:

Montana state prisoner Leland F. Docken brings this federal habeas petition challenging, as here pertinent, the Mon-

tana parole board's refusal to provide him with annual review of his suitability for parole. The district court dismissed this claim as not properly cognizable under the federal habeas statute, 28 U.S.C. § 2254. Because such parole-based claims — which may, but will not necessarily, affect the duration of a prisoner's confinement if meritorious — are cognizable via habeas, we reverse the district court's dismissal of Docken's petition and remand for further proceedings not inconsistent with this opinion.

I. Background

In September 1984, Docken pleaded guilty in a Jefferson County, Montana, court to committing "deliberate homicide" by murdering his father-in-law. *See* Mont. Code Ann. § 45-5-102. Docken was sentenced to 100 years in prison and designated, for purposes of parole eligibility, a "dangerous offender." *See id.* § 46-18-404 (repealed 1995). Docken's plea and sentence were affirmed by the Montana Supreme Court. *See State v. Docken*, 720 P.2d 679 (Mont. 1986).

In late 2001, the Montana Board of Pardons and Parole ("Board") denied parole in Docken's first post-conviction hearing. The Board set the date for his next hearing for September 2006. Soon thereafter, Docken filed a state habeas petition in the Montana Supreme Court, naming Doug Chase, Sheriff of the Missoula County Detention Center, as Respondent. Docken's petition argued, among other claims, that the

If it plainly appears from the face of the petition and any exhibits annexed to it that the petitioner is not entitled to relief in the district court, the judge shall make an order for its summary dismissal and cause the petitioner to be notified. Otherwise the

¹Chase appeared in the Montana Supreme Court, represented by the Montana Attorney General. Neither Chase nor the State of Montana, however, have appeared in this federal suit. The district court proceeded under Rule 4 of the Rules Governing Section 2254 Cases in the United States District Courts, which then provided:

Board violated his constitutional rights under the Ex Post Facto Clause when it changed the period between his reviews for parole from one year to five. The Montana Supreme Court denied Docken's petition in a written order, finding none of his state or federal claims persuasive. *See Docken v. Chase*, 43 P.3d 984 (Mont. 2002) (unpublished table decision).

Docken then filed this habeas petition in the Montana federal district court, raising four principal contentions. The magistrate judge recommended dismissing the first three claims with prejudice, and the fourth, the only claim before us, without prejudice, on the ground that it is not cognizable via habeas but must rather be brought as a civil rights action under 42 U.S.C. § 1983. Citing the Ninth Circuit's decision in Neal v. Shimoda, 131 F.3d 818 (9th Cir. 1997), the magistrate judge concluded that "claims involving parole eligibility, as compared to parole decisions," may only be brought under § 1983, for, "[i]f Docken's claim succeeded, he would not be entitled to release." The district court adopted the magistrate judge's findings. We granted a Certificate of Appealability limited to the question of "whether . . . appellant's claim of a right to annual review of his suitability for parole is not cognizable under 28 U.S.C. § 2254 and must rather be brought under 42 U.S.C. § 1983."

II. Discussion

We review de novo the district court's dismissal of a habeas petition under 28 U.S.C. § 2254. *See Hunt v. Pliler*, 384 F.3d 1118, 1123 (9th Cir. 2004).

judge shall order the respondent to file an answer or other pleading within the period of time fixed by the court or to take such other action as the judge deems appropriate.

Under Rule 4, because the district court dismissed Docken's habeas petition sua sponte, Respondent was not required to appear. (Rule 4 has been amended, in a manner not affecting the propriety of the procedure followed by the district court in this case, as of December 1, 2004. See R. Governing § 2254 Cases, 28 U.S.C.A. foll. § 2254, R. 4 (West Supp. 2004)). Respondent declined our invitation to submit briefs or present argument concerning this appeal.

Traditionally, challenges to prison conditions have been cognizable only via § 1983, while challenges implicating the fact or duration of confinement must be brought through a habeas petition. Looked at in hindsight, the characterization of the problem of parole review frequency is not difficult: For an inmate who will ultimately be paroled at his second parole hearing, whether that hearing is in one year or five indisputably implicates the duration of his confinement. But where the claim is, as here, purely prospective, hindsight is of little use. We cannot know in advance how the parole hearing will turn out. Also, substantively, a timing-of-parole-hearing claim necessarily turns not on the outcome of any hearing but on the asserted legal right to an opportunity to be heard and to have the chance of a shorter confinement. The question this case raises is whether such a prospective challenge is cognizable under § 2254 or § 1983 — or both.

A. Preiser and its Progeny

[1] The landmark precedent for determining whether inmate suits challenging particular aspects of prison conditions may be brought under the federal habeas statute is *Preiser v. Rodriguez*, 411 U.S. 475 (1973). *Preiser* held that inmates challenging the deprivation of good-conduct time credits must sue under the federal habeas statute, 28 U.S.C. § 2254, and not under 42 U.S.C. § 1983, because such a suit necessarily challenges the duration of the inmates' confinement. *See id.* at 487-88; *see also id.* at 490 ("Congress has determined that habeas corpus is the appropriate remedy for state prisoners attacking the validity of the fact or length of their confinement, and that specific determination must override the general terms of § 1983."). Even when prisoners only

²In this regard, *Preiser* was a harbinger of the Court's subsequent line of cases holding that the existence of specific enforcement provisions in federal statutes forecloses the availability of a more general remedy under § 1983. *See*, *e.g.*, *Middlesex County Sewerage Auth. v. Nat'l Sea Clammers Ass'n*, 453 U.S. 1, 19-21 (1981); *see also Almond Hill Sch. v. U.S.*

sought to shorten their sentences, the *Presier* Court held, such a challenge falls within the "core" of habeas corpus by "attacking the very duration of their physical confinement itself." *Id.* at 487-88; *see also id.* at 498 (defining suits "challenging the fact or duration of . . . physical confinement" and seeking "immediate release or a speedier release from that confinement" as the "heart of habeas corpus").

Preiser did not stop there. In response to the prisoners' argument that numerous challenges to prison conditions had been sustained under § 1983, the Court concluded that "a § 1983 action is a proper remedy for a state prisoner who is making a constitutional challenge to the conditions of his prison life, but not to the fact or length of his custody." Id. at 499. The Court went on to issue a significant caution about the reach of its ruling: "This is not to say that habeas corpus may not also be available to challenge such prison conditions." Id. (emphasis added). Instead, the Court reiterated that its holding spoke only to the limits of § 1983 as a remedy: "[W]e need not in this case explore the appropriate limits of habeas corpus as an alternative remedy to a proper action under § 1983. That question is not before us. What is involved here is the extent to which § 1983 is a permissible alternative to the traditional remedy of habeas corpus." Id. at 500.

Dissenting, Justice Brennan expanded on the reserved question: "[E]ven under the [*Preiser* majority's] approach, there are undoubtedly some instances where a prisoner has the option of proceeding either by petition for habeas corpus or by suit under § 1983." *Id.* at 504 (Brennan, J., dissenting); *see also id.* at 506 ("[S]ome instances remain . . . where an action

Dep't of Agric., 768 F.2d 1030, 1035-36 (9th Cir. 1985); cf. Jett v. Dallas Indep. Sch. Dist., 491 U.S. 701, 748-49 (1989) (Brennan, J., dissenting) (hinting at the link between Preiser and Sea Clammers). As Sea Clammers and its progeny indicate, such "specific over general" analysis works only in one direction. Though more specific remedies may preclude § 1983 relief, the converse will rarely, if ever, be true.

may properly be brought in habeas corpus, even though it is somehow sufficiently distant from the 'core of habeas corpus' to avoid displacing concurrent jurisdiction under [§ 1983]."); id. at 503-04 ("[T]he two statutes necessarily overlap."). Thus, both the majority and the dissent in *Preiser* suggested that there are some circumstances concerning prison conditions in which both habeas corpus and § 1983 suits may lie—that is, that the two remedies are not always mutually exclusive so long as the "core" or "heart" of habeas corpus is not implicated.

Like Preiser, Heck v. Humphrey, 512 U.S. 477 (1994), was also a § 1983 suit brought by an inmate. Unlike Preiser, however, in *Heck* the inmate sought only damages as a remedy for alleged constitutional violations committed during his initial arrest and confinement, not injunctive relief or release from custody. See id. at 479. Heck concluded that a damages action is not cognizable under § 1983 if "a judgment in favor of the plaintiff would necessarily imply the invalidity of his conviction or sentence . . . unless the plaintiff can demonstrate that the conviction or sentence has already been invalidated." *Id.* at 487. Enunciating what has since become known as the "favorable termination" rule, Heck held that, when a § 1983 claim would necessarily implicate the validity of the plaintiff's conviction or sentence, "a § 1983 plaintiff must prove that the conviction or sentence has been reversed on direct appeal, expunged by executive order, declared invalid by a state tribunal authorized to make such determination, or called into question by a federal court's issuance of a writ of habeas corpus." Id. at 486-87; see also Muhammad v. Close, 540 U.S. 749 (2004) (per curiam) (summarizing the relationship between *Preiser* and *Heck*).

Also like *Preiser*, *Heck* addressed only the limited reach of § 1983 with regard to prisoner suits. It did not set out any concomitant limitation on habeas jurisdiction or hold that the habeas and § 1983 causes of action are mutually exclusive. *See also Nelson v. Campbell*, 124 S. Ct. 2117, 2122 (2004)

("[C]onstitutional claims that merely challenge the conditions of a prisoner's confinement, whether the inmate seeks monetary or injunctive relief, fall outside of [Preiser's] core and may be brought pursuant to § 1983 in the first instance." (emphasis added)); cf. Bell v. Wolfish, 441 U.S. 520, 527 n.6 (1979) ("[W]e leave to another day the question of the propriety of using a writ of habeas corpus to obtain review of the conditions of confinement, as distinct from the fact or length of the confinement itself.").

[2] Thus, although Supreme Court case law makes clear that § 1983 is not available where a prisoner's claim "necessarily" implicates the validity or duration of confinement, it does not set out any mirror-image limitation on habeas jurisdiction. The Court's central concern, in all of the cases cited above, has been with how far the general remedy provided by § 1983 may go before it intrudes into the more specific realm of habeas, not the other way around. At the same time, though the Court has so suggested, it has never squarely held that there is an area of overlap between state habeas and § 1983 prisoner suits. Instead, it has policed the distinction between the two remedies solely by defining the limits of § 1983, as in *Heck*, and by defining those classes of claims that must be brought through habeas, as in *Preiser*. Put simply, when the Supreme Court has concerned itself with the interaction between § 1983 and habeas, it has looked in only one direction.

B. Ninth Circuit Case Law

[3] Our own precedents have more directly addressed the interplay between § 1983 and habeas in the parole context and are somewhat illuminating with regard to the reach of habeas jurisdiction over parole-related prisoner suits. In *Bostic v. Carlson*, 884 F.2d 1267 (9th Cir. 1989), for example, we held that "[h]abeas corpus jurisdiction . . . exists when a petitioner seeks expungement of a disciplinary finding from his record if expungement is *likely to accelerate* the prisoner's eligibility

for parole." *Id.* at 1269 (citing *McCollum v. Miller*, 695 F.2d 1044, 1047 (7th Cir. 1983)) (emphasis added). As we recently explained, "*Bostic* thus holds that the *likelihood* of the effect on the overall length of the prisoner's sentence . . . determines the availability of habeas corpus." *Ramirez v. Galaza*, 334 F.3d 850, 858 (9th Cir. 2003) (emphasis added), *cert. denied*, 124 S. Ct. 2388 (2004).

Importantly, in speaking of claims only "likely to accelerate" eligibility for parole, *Bostic* defined a class of suits outside the "core" habeas claims identified in *Preiser*. Success on the merits in such cases would not "necessarily" implicate the fact or duration of confinement. Instead, such claims have, at best, only a possible relationship to the duration of a prisoner's confinement, as eligibility for parole is distinct from entitlement to parole.

Following *Bostic*, we have also held that challenges to the procedures used in denying parole are *only* cognizable via habeas. *See Butterfield v. Bail*, 120 F.3d 1023, 1024 (9th Cir. 1997) ("Few things implicate the validity of continued confinement more directly than the allegedly improper denial of parole. This is true whether that denial is alleged to be improper based upon procedural defects in the parole hearing or upon allegations that parole was improperly denied on the merits."). Yet a change in the procedures governing parole review will not *necessarily* affect the duration of confinement, although it certainly could.

[4] Five months after *Butterfield*, this court handed down a decision looking in a somewhat different direction on an issue similar to that raised in *Butterfield*. See Neal v. Shimoda, 131 F.3d 818 (9th Cir. 1997). In Neal, two prisoners challenged their administrative placement in the Hawaii "Sex Offender Treatment Program" (SOTP), a placement that made them ineligible for parole. The prisoners styled their claims as § 1983 actions against the responsible prison officials. The court affirmed the propriety of § 1983 as an avenue of relief:

If Neal and Martinez are successful in their challenge of the SOTP and their labeling as sex offenders, that decision will not undermine the validity of their convictions or continuing confinement at all. The only benefit that a victory in this case would provide Neal and Martinez, besides the possibility of monetary damages, is a ticket to get in the door of the parole board, thus only making them eligible for parole consideration according to the terms of their sentences. If Neal and Martinez win, it will in no way guarantee parole or necessarily shorten their prison sentences by a single day. The parole board will still have the authority to deny the inmates' requests for parole on the basis of any of the grounds presently available to it in evaluating such a request. A victory in this case would not alter the calculus for the review of parole requests in any way. Because the inmates' challenge in this case does not necessarily imply the invalidity of their convictions or continuing confinement, it is properly brought under § 1983.

Id. at 824 (footnote omitted). If the district court in this case was correct in reading this passage of *Neal* for the proposition that § 1983 was the *only* appropriate remedy (thus foreclosing habeas), then *Neal* arguably created an intra-circuit split with *Bostic*, as *Bostic* held that habeas was appropriate so long as success on the merits would "likely" accelerate *eligibility* for parole.³

³The district court in this case did not consider the relationship between *Neal* and *Bostic*. Rather, it suggested that *Neal* pertained to eligibility for parole, whereas *Butterfield* required habeas for challenges to an adverse parole determination based on the procedures used in denying parole. Reading *Neal* and *Butterfield* together with *Bostic*, however, this distinction becomes unworkable.

C. Reconciling the Precedents

One way to reconcile these cases would be to construe *Neal* as applying only to eligibility for parole vel non, and not to cases — like this one — implicating the timing of parole hearings. Arguably, whether or not an inmate is eligible for parole consideration is less closely related to the duration of his confinement than is the amount of time between the hearings before the parole board for an already-eligible inmate. The timing of parole review is also more closely tied to "duration" than to "conditions" of confinement. This distinction would not resolve the apparent conflict between *Neal* and *Bostic*, however, because *Bostic* held that the availability of habeas turns on the likelihood that a successful claim will accelerate a prisoner's *eligibility* for parole, not his release.

[5] A more sensible reconciliation of the case law, and the one we adopt here, is to regard *Neal* as holding only that § 1983 was an *appropriate* remedy in that case, without reaching the issue of whether it was the *exclusive* remedy. Certainly, nothing in the *Neal* opinion suggests that § 1983 was available to the prisoners in *Neal in lieu of* habeas. As in *Preiser* and *Heck*, the inmates in *Neal* were attempting to bring suit under § 1983. The court therefore only reached whether the claim was cognizable under § 1983, without passing on the relationship between § 1983 and habeas.⁴

A review of other circuits' approaches indicates that only the Seventh Circuit has even implicitly suggested that habeas and § 1983 can be mutually exclusive, and that court did so with little analysis and in a different context. See Moran v.

⁴We held, in *Ramirez v. Galaza*, that "habeas jurisdiction is absent, and a § 1983 action proper, where a successful challenge to a prison condition will not necessarily shorten the prisoner's sentence." 334 F.3d 850, 859 (9th Cir. 2003), *cert. denied*, 124 S. Ct. 2388 (2004). Unlike this case, *Ramirez* concerned a challenge to internal disciplinary procedures and the administrative segregation that resulted from it. Ramirez's suit did not deal with the fact or duration of his confinement.

Sondalle, 218 F.3d 647, 650-51 (7th Cir. 2000) (per curiam) (noting when prisoners "must" use § 1983 and when they "must" use habeas, but not addressing where challenges to the frequency of parole review would fit). The other circuits have been indistinct in delineating the line between § 1983 and habeas, especially in the parole context, and some have suggested (though none have held) that the two statutory remedies may not always be mutually exclusive.

⁵One of the five appellants in *Moran* challenged the constitutionality of his parole procedures, and the Seventh Circuit reaffirmed its earlier holdings in *Clark v. Thompson*, 960 F.2d 663 (7th Cir. 1992), and *Huggins v. Isenbarger*, 798 F.2d 203 (7th Cir. 1986), that such challenges must be brought via § 1983. The court recognized that there might be exceptions to its mutually exclusive categorization of prisoner suits, but concluded that "the exceptions . . . may be ignored for most practical purposes." *Moran*, 218 F.3d at 651. We note that the *Clark/Huggins* line of cases appears squarely at odds with our decisions in *Bostic* and *Butterfield*.

⁶The First, Second, Fifth, Sixth, Eighth, Tenth, and District of Columbia Circuits have all struggled, as we have, with the distinction between the two remedies, particularly in parole-related cases. None have suggested that the avenues of relief must always be mutually exclusive. See, e.g., Fletcher v. Dist. of Columbia, No. 02-5228, 2004 WL 2624170 (D.C. Cir. Nov. 19, 2004); Anyanwutaku v. Moore, 151 F.3d 1053 (D.C. Cir. 1998); Williams v. Hopkins, 130 F.3d 333, 335-36 (8th Cir. 1997); Carson v. Johnson, 112 F.3d 818, 820 (5th Cir. 1997); Crow v. Penry, 102 F.3d 1086 (10th Cir. 1996); Brennan v. Cunningham, 813 F.2d 1, 4 (1st Cir. 1987); Boudin v. Thomas, 732 F.2d 1107, 1111-12 (2d Cir. 1984). For a helpful discussion and a survey of some of the other circuits' decisions, see Dotson v. Wilkinson, 329 F.3d 463, 468-69 (6th Cir. 2003) (en banc), cert. granted, 124 S. Ct. 1652 (2004) (No. 03-287).

The Sixth Circuit concluded in *Dotson* that *Heck*'s favorable termination requirement does not cover claims challenging parole procedures, as success on such claims would not *necessarily* guarantee speedier release. Therefore, the court concluded, challenges to such procedures are cognizable under § 1983. *See id.* at 472. Though the Supreme Court granted certiorari in *Dotson*, the questions presented before the Court do not implicate the matter before us. *See* Questions Presented, *Wilkinson v. Dotson*, No. 03-287 (U.S. argued Dec. 6, 2004), http://www.supremecourtus.gov/qp/03-00287qp.pdf. Instead, the Court is asked to decide only whether challenges to parole procedures are cognizable under § 1983. If, as we hold today, the remedies are not always mutually exclusive and are not here mutually exclusive, then the answer to the questions raised in *Dotson* will not have any bearing on our decision here.

[6] As outlined above, the question of the relationship between habeas and § 1983 relief has only explicitly come up before in converse form: whether claims are *not* cognizable under § 1983 because their resolution will necessarily impact the fact and duration of confinement. In the only instance where the Supreme Court addressed whether habeas and § 1983 are necessarily mutually exclusive, the suggestion was that they are not. *See Preiser*, 411 U.S. at 499; *id.* at 503-04 (Brennan, J., dissenting). We agree.

D. Docken's Claim

[7] Freed from the erroneous constraints of deciding whether Docken's claim is cognizable via habeas as an either/or proposition, we must still resolve whether it falls into the area of overlap suggested in *Preiser*. In light of *Bostic*, however, this question largely answers itself. It is certainly at least possible that Docken's suit would impact the duration of his confinement if the Board's actions in changing the frequency of his parole review violated the Ex Post Facto Clause.

Of course, it is not a certainty that annual review would affect the duration of Docken's confinement, especially given Docken's designation as a "dangerous offender." We are illinclined, however, to substitute our substantive analysis of the likely outcome of Docken's parole hearings for that of the Board. And, in any event, we find nothing in Ninth Circuit or Supreme Court precedent foreclosing habeas in such a case.

[8] Instead, we understand *Bostic*'s use of the term "likely" to identify claims with a sufficient nexus to the length of imprisonment so as to implicate, but not fall squarely within, the "core" challenges identified by the *Preiser* Court. Such a reading follows from *Bostic* itself, which spoke of claims that are "likely to accelerate the prisoner's *eligibility* for parole," 884 F.2d at 1269 (emphasis added), rather than those likely to accelerate the prisoner's release. Docken's central contention — that he is entitled to annual review — is even more related to the duration of his confinement than eligibility for parole in the abstract, and therefore appears at least as viable as the

subject of a habeas petition as that which was before the court in *Bostic* and *Butterfield*.

Ultimately, though Docken's claim may not be the kind of "core" challenge the *Preiser* Court had in mind, the potential relationship between his claim and the duration of his confinement is undeniable. In such a case, we are reluctant to unnecessarily constrain our jurisdiction to entertain habeas petitions absent clear indicia of congressional intent to do so. *See, e.g., INS v. St. Cyr,* 533 U.S. 289 (2001); *Flores-Miramontes v. INS*, 212 F.3d 1133 (9th Cir. 2000).

[9] We therefore hold that when prison inmates seek only equitable relief in challenging aspects of their parole review that, so long as they prevail, *could* potentially affect the duration of their confinement, such relief is available under the federal habeas statute. Whether such relief is *also* available under § 1983 depends on the application of *Heck*'s favorable termination rule in this case, an issue not before us and one that we do not decide.

Conclusion

[10] Because we hold Docken's challenge to the timing of his parole review properly cognizable under the federal habeas statute, the district court's dismissal of Docken's habeas petition is REVERSED, and this case is REMANDED to the district court for further proceedings on the merits of Docken's claim.⁷

IT IS SO ORDERED.

⁷If Docken has fully exhausted his state remedies (a question not presently before us, and which we do not decide), then the merits of his claim may be largely covered and resolved by the Supreme Court's decision in *Garner v. Jones*, 529 U.S. 244 (2000). In *Garner*, a Georgia inmate challenged a retroactive administrative adjustment of the period between parole reviews under the Ex Post Facto Clause. The Court there held that the Eleventh Circuit's analysis failed to reveal conclusively whether or not the retroactive change in time period violated the Clause, but the Court also provided detailed guidance for how such claims should be resolved in the future.